

THE LANGLEY LODGE REVIEW

Serving the Seniors of Langley for 40 Years

Langley Lodge, 5451 204 Street, Langley, BC V3A 5M9

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www.langleylodge.org

July - August Edition

Those Lazy Hazy


Crazy Days Of Summer
Nat "King" Cole

Roll out those lazy, hazy, crazy days of summer
Those days of soda and pretzels and beer
Roll out those lazy, hazy, crazy days of summer
Dust off the sun and moon and sing a song of cheer
Just fill your basket full of sandwiches and weenies
Then lock the house up, now you're set
And on the beach you'll see the girls in their bikinis
As cute as ever but they never get 'em wet

Roll out those lazy, hazy, crazy days of summer
Those days of soda and pretzels and beer
Roll out those lazy, hazy, crazy days of summer
You'll wish that summer could always be here

Don't hafta tell a girl and fella about a drive-in
Or some romantic moon it seems
Right from the moment that those lovers start arrivin'
You'll see more kissin' in the cars than on the screen

Roll out those lazy, hazy, crazy days of summer
Those days of soda and pretzels and beer
Roll out those lazy, hazy, crazy days of summer
You'll wish that summer could always be here.

Nat "King" Cole

In the 1950s and 1960s, he became one of the most popular and well-loved singers in the world.



How can we forget his smooth velvet voice and the memory of such ballads as Ramblin' Rose, Mona Lisa, Walkin' My Baby Back Home and Darling Je Vous Aime Beaucoup – and, of course, **Those Lazy, Hazy, Crazy Days of Summer**

*Go Ahead – Sing A Long
You Know You Want to!*



Canada Day July 1st

Who wouldn't expect great things from the world's second largest land mass? This is a nation hoarding enough prosperity, natural beauty and curling talent to serve a population a hundred times its size. But Canada is more than elbow room, good roads, respected banks, promo posters of Mounties on horseback, sweet views of Niagara Falls and tired media frenzies about the odd crack-smoking mayor. This country could really brag about all the stuff that truly sets it apart. (go to Page 3)

Notes from the TR Department *Goodbyes and Hellos*

We are sad to be saying goodbye to Kathy, one of our TR workers. She has kept us entertained as a pirate, leprechaun, scottish dancer, cupid, and much more. Kathy has resigned her full time position but we will still see her occasionally, as she will be a casual. Our Chaplain, Tony Nash, resigned effective May 30th. We wish him well in the future.

Meet Our New Chaplain

Rev. Tony W. Tremblett,
MCS, MPM



Born and raised in rural Newfoundland, Tony now lives in Vancouver with a growing collection of books and LPs. He is an ordained minister, holds a pair of graduate degrees in applied theology and pastoral ministry/spiritual formation, and is pursuing a doctorate in theology. He is passionate about the spiritual and emotional well-being of seniors, and is always excited to see people of different cultures and faith traditions coming together and growing spiritually. Tony is an Associate Chaplain with the Community Chaplain Service of Canada, and he previously served as a church pastor, a nursing home chaplain, and as a guestmaster in the hospitality industry. He speaks regularly at churches across the Lower Mainland of British Columbia, encouraging others in purposeful spiritual growth. He is excited to join the Langley Lodge team, and looks forward to providing spiritual care to our residents and their families.



Special Entertainment in the Main Floor Lounge

July 2 – 2:00 pm – Canada Day

Party with Willy and the Other Guy

July 9th and 30th – 1:30 pm

Violinists from the Langley Music

School

July 11th – 2:00 pm - Entertainment with Evergreen Choir

July 15th – 2:00 pm – Tea for Two with visiting Japanese students

July 17th - 5:30 pm – Music with Doug Simpson

Auxiliary Events in July and August

There will be no auxiliary sales in July and August. However, through their fundraising efforts, the Auxiliary are able to sponsor some special entertainment during the summer months. Mark your calendars for the following events.

Clowning with Korki



Wednesday, July 16th

2 - 3 pm 3rd Flr - 3 - 4 pm – 2nd Flr

Wednesday, August 13th

2 - 3 pm – 4th Flr - 3 to 4 pm – 5th Flr

Wednesday, August 27th

12:30 -1:30 pm 1st Flr - 1:30 -2:30 pm 6th Flr

Korki, the Mommy Clown of Hearts is a “caring clown” who is a combination of compassionate Red Skelton and zany Lucille Ball.

HULA-LA-LA HAWAIIAN DANCERS



A group of seniors (55-80 years old) who love to dance Hawaiian style and wear beautiful costume to entertain other seniors.

Friday, August 22nd – 2 to 3 pm

In the Main Lounge

Join us for the Langley Lodge Luau

JULY BIRTHDAYS

Marilyn LaPlante Lily Blanckensee
Jim Thomas Elizabeth Olynick
Daniel Kustaski Virginia Chisholm
Raymond Roper Pearl Murray
David Tomlinson John Holt
Walter Swenson Margaret Masse
Olga Meister Nan Macleod



AUGUST BIRTHDAYS

John Cameron Roly Bell
Katharina Bircher Theresa Collins
Joan McEwen Clarice John
Lorne Volker Michael Krywiak
Helen Alexander Yves Lortie

Don't Miss our Summer Birthday Parties

July 31st - with Entertainer Allan Boolinoff
August 28th – Kenny Buxton will provide special music.

Join Us in the Main Floor Lounge



Celebration of Life Service



July 23rd 2 pm
Main Lounge

We will remember our residents that have passed on.

Those we love remain with us
for love itself lives on,
And cherished memories never fade
because a loved one's gone.
Those we love can never be
more than a thought apart,
For as long there's a memory
They'll live on in our hearts.

Author Unknown

Remembering

*Jean Davis – John Dick – Pauline Douglas
Doreen Hardy – Reta McGovern
Annie McKillop – Max Parker
Bram Sahadeo – Betty Ash*

Welcome to Our New Residents

Alfonso Aguasin Michael Krywiak
Jo-Anne Bowie Irene Robinson
John Cameron Raymond Roper
John Dick Mickey Smith
Ilene Hart



Canada(cont'd from Page 1)

5 things Canada does better than anywhere else.... *By Jordan Rane for CNN*

1. Apologizing

In Canada, apologies happen constantly -- "sorries" flying in from all sides like swarms of affable killer bees.

2. Lakes and "Cottage Country"

Canada has more lakes than any other country -- about 3 million.

3. Stand-in movie locations

Hollywood loves making movies in Canada -- big movies - while passing the settings off as New York, Wyoming, ancient Persia..

4. Air

In a recent national air quality study by the World Health Organization, Canada placed third for the cleanest air on the planet.

5. Humor

Canadians are hilarious - sometimes even intentionally -- as a disproportionate number of comic heavyweights like Jim Carrey, John Candy, Eugene Levy, Dan Aykroyd, Mike Myers, and so many others have repeatedly confirmed over the years.

Introducing our New Physiotherapist



My name is Karen Bhartu. Some of you may have seen my face around the Lodge for the last few months. I am 31 years old and a proud mother of a precious 8 month old baby girl. In my spare time, when not changing diapers and playing patty-cake, I like to lace up my shoes, get outside and go for a run! I graduated as a physiotherapist from UBC in 2009. As well as working with the fabulous rehab team at Langley Lodge, I also work part time at a Sports/Orthopedic Physio Clinic in Coquitlam and specialize in an area of treatment known as Vestibular Physiotherapy (treatment of vertigo). I am passionate about rehabilitation. I am a self proclaimed "foodie" and I love a good joke! Heck, I love bad jokes too! Anything that brings a smile to the faces of those around me.

Note: Karen has been providing temporary physio services for the past few months. We are happy that she has decided to join the Langley Lodge team. Please make her welcome.

PLEASE NOTE:

This is the summer issue of the newsletter. There will be no mailout in August. You can view the August calendar on our website at www.langelylodge.org
Copies will also be available in the Lodge when you visit.

HAVE A HAPPY AND SAFE SUMMER.

Strategic Planning

The Board of Directors of the Langley Care Society have recently developed their Strategic Plan for 2013 to 2016. Part of that process was to review and update our Mission, Vision and Values Statements. In developing the new statements we invited participation from residents, staff and family members asking "What makes Langley Lodge Special" and "What could Langley Lodge be in the Future". The responses are reflected in the new Mission, Vision and Values Statements that you will find as an insert with the newsletter.

Celebrating 40 Years of Service to the Seniors of Langley

In 2014 Langley Lodge is celebrating 40 years of service to the Seniors of Langley. Although our building is 40 years old, our recent addition and renovation in 2008-2011 has provided us with a beautiful, updated facility that will serve us well into the future. We are planning an Open House celebration to mark the occasion in the fall so save the date - September 12th, 2014 – 2 to 6 pm. More details in the September issue.

Enjoy the Summer Sun

But Remember to Keep Hydrated

Anyone can become dehydrated if they lose too many fluids. But certain people are at greater risk. As you age you become more susceptible to dehydration for several reasons: Your body's ability to conserve water is reduced, your thirst sense becomes less acute, and you're less able to respond to changes in temperature. If you are out enjoying the sun in the courtyard, or with family, remember to drink plenty of fluids.