

# THE LANGLEY LODGE REVIEW

Langley Lodge, 5451 204 Street, Langley, BC V3A 5M9

Phone number: 604 530 2305

[www.langleylodge.org](http://www.langleylodge.org)



## Memories

Memories are a special house  
We build inside ourselves  
Where love and laughter linger,  
Where all our past life dwells.  
On holidays like Christmas  
We can draw upon the store,  
Reliving happy times  
And feeling all that warmth  
once more.

Wherever we may travel,  
This house is always there  
To help to blend the old and new,  
To build on...grow...and share.  
This house can never get too full,  
Just grow from floor to floor,  
Because the joy of memories  
Is always making more.

Author Unknown

## A Christmas Story

Norman Vincent Peale, noted minister and author from the previous century, tells the story of a young girl from Sweden spending Christmas in big, bustling New York City. She was living with an American family, helping them around the house, and she didn't have much money. She knew she couldn't get them a very nice Christmas present—besides, they already had so much, with new gifts arriving every day. With just a little money in her pocket, she bought an outfit for a small baby, and then she set out on a journey to find the poorest part of town and the poorest baby she could find. At first, she received only strange looks from passersby when she asked them for help. But then a kind stranger, a Salvation Army bell-ringer, guided her to a poor part of town and helped her deliver her gift.

On Christmas morning, instead of giving them a wrapped present, she told the family she served what she had done in their name. Everyone was speechless, and everyone was blessed—the girl for giving, the wealthy family for seeing others with new eyes, and the poor family for receiving an unexpected gift.

All of us have opportunities both large and small to show kindness, especially at Christmastime. We can help strangers by delivering gifts to needy kids or serving homeless families at a soup kitchen. Or we can simply look for everyday ways to be kind, like allowing someone to go ahead of us in a lengthy line at the department store, or giving that bell-ringer a little change and a few encouraging words. Maybe it's because we're in gift-giving mode anyway that giving to others becomes so important at Christmas. Or because we're more aware of our families and friends and communities. Or maybe it's because two thousand years ago, the earth received the most perfect, most loving gift of all, helping us to understand true kindness.

## News from the TR Department Holiday Greetings from the TR Department

The festive season is officially underway. We enjoyed a visit from Santa and Christmas Parties with our friends and family at the end of November, and December's calendar is full with special events and lots of entertainment and Christmas music. Join us in the Main Lounge:



**Look for the pitter-patter of little feet on these dates:**

**December 1<sup>st</sup>** – 6 pm – a visit from a group of little two-legged Beavers.

**December 16<sup>th</sup>** – 10:45 am – King's School Choir.

**December 19<sup>th</sup>** – Alex Hope School – Childrens' visit.

**Special  
Musical  
Presentations**



**December 8<sup>th</sup>** – 6 pm – South Ridge Church Choir

**December 11<sup>th</sup>** – 11 am - The Christmas Story with Tom Walker



**CLASS BRASS**  
will present the Christmas  
Story in music - December 15<sup>th</sup>  
6pm in the Bistro

*A Special Musical Treat*



There will be 3 bus trips in December to view Christmas lights. Check the calendar for dates.



## Christmas Greetings

I would like to take this time to send holiday greetings to our residents and family members. Christmas has different meanings for each of us; it is a spiritual celebration for some; for others a season to plan for gatherings with friends and families. For some it is just a very hectic season of attending events with children and grandchildren, shopping for gifts and preparing food for family gatherings. Unfortunately for some folks, and often the elderly, it can be a very lonely time if there are no family around, or if illness requires less participation in activities and events.

At Langley Lodge we are blessed with caring volunteers and Auxiliary, who support our staff to ensure that all of our residents have a wonderful Christmas with our Langley Lodge family. I encourage all of our family members to take some time out from the hectic pace of Christmas and participate in some of our many activities in December or simply drop by and spend time with your family members and enjoy some quieter moments together. We welcome your visits anytime!

I would like to acknowledge our staff for providing exceptional care and for making our Lodge a welcoming, safe and caring place to live year round. Our Nurses and Care Aides will be here 24/7 over the holidays providing continuous care for residents. Our dietary staff will be making a delicious turkey dinner with all of the trimmings. Family members are welcome. You can make a reservation and purchase tickets from Reception.

***On behalf of the Board of Directors and Leadership of Langley Lodge, we wish you and your family a very Merry Christmas season!***

Sincerely,  
Debra Hauptman, CEO

## December Birthdays

Martha Dyck      Peter Von Niessen  
 Ronald Dingman      Ida Kraehling  
 Mavis Holt      El Armstrong



## Welcome to Our New Residents

Lena Ginetz      Irja Parviainen  
 Beatrice Haybarger      Frances McNulty



*We hope you enjoy your new home!*

HAPPY BIRTHDAYS!



## December Birthday Party

December 3<sup>rd</sup> - 2 pm

Main Lounge - Special Music by Greg Hampson

December 31<sup>st</sup>

New Year's Eve Parties on  
each floor



December 5<sup>th</sup> - 2 pm - Main Lounge  
*Tribute Tea for Edie Metcalfe*

December 12<sup>th</sup> – 2 pm – Cannine  
 Vaudeville Show

December 17<sup>th</sup> – Christmas Party with  
 Doug Simpson

December 24<sup>th</sup> – Roaming Christmas  
 Cheer – all floors – room visits

## Auxiliary News

There are no sales in December, but we are busy planning some special Christmas surprises for the residents. We would appreciate family and friends help with the un-decorating on January 3<sup>rd</sup> & 4<sup>th</sup>. There will be a sign-up sheet available later this month.

*Donations of books, gently-used, clean, ladies clothing, household items and Canadian Tire money always gratefully accepted.*

## Christmas Dinner

December 25<sup>th</sup>, 12 noon

*Turkey Dinner with all the Trimmings*

Family and Friends Welcome  
 Call Reception to Reserve and  
 Purchase Tickets - \$12 ea.

*Seating Limited to comply with Fire  
 and Safety Regulations*



## A Christmas Message from Our Chaplain

What are you hoping to receive for Christmas? An American Express survey found that 31% of people said that receiving a fruitcake would be the worst gift of all. In fact, most of them said that given a choice between a fruitcake and receiving *nothing at all*, they would choose *nothing*. The survey went on to find out how people get rid of a gift that they don't want:

- 30% hide it in a closet
- 21% return it
- 19% re-gift the item

During the Christmas season it's helpful to see the Bible as the story of God pursuing humankind with a gift for us—the gift of relationship. It amazes me that God, who is everything and needs nothing, pursues us. The Christmas season invites us to ask questions about our relationship with God. Is our existence centered in God, or self? Do we long for the relationship God offers? These questions are not always easy to ask or answer. But the true meaning of Christmas lies within them. Take some time this holiday season to assess your state of faith and living, and the longings that grip your heart.

*Rev. Tony Tremblett, Chaplain*

## Resident Safety

### ***Safety is at the Core of our Commitment***

At Langley Lodge we take our role in resident safety seriously.

### **Infection Prevention and Control**

Cleaning your hands is the most important defense in the spread of infection. Family and visitors should not visit if they have a fever, a new cough, diarrhea or vomiting. Get your flu shot!

### **Food Safety**

If you are having food brought in, please ask your health care team for directions.

### **TLR (Transfer-Lifting-Repositioning)**

Families are encouraged to ask their care team before moving their loved ones. Nursing staff have been taught transferring, lifting and repositioning skills and techniques.

### **Medication Safety**

You can contribute to medication safety by ensuring you are informed and ask questions about the medications you or your loved one is taking. Do not interrupt nurses during medication administration.

### **Falls Management**

Langley Lodge follows a falls management program that involves assessment of a resident's risk of falling so that measures can be put in place to decrease the risk and prevent injury.

## **FROM OUR HOME TO YOURS**



## Nursing Department News



Flu season officially starts on December 1<sup>st</sup>, 2014. The Influenza Control Program Policy, as mandated by the Provincial Medical Health

Officer and the local Health Authorities will be in effect until March 31<sup>st</sup>, 2015. The policy applies to all visitors, health care workers, volunteers, physicians, and students who work, volunteer or visit Langley Lodge and requires that all of these individuals must be vaccinated for the flu OR wear a mask in resident care areas during the entire flu season.

The purpose of the Influenza Control Program Policy is to ensure the safety of our residents. Evidence has shown that the elderly are among the most at risk members of our population for influenza and complications from it, such as pneumonia and death.

Please help us protect our residents by adhering to the following guidelines:

- Do not visit if you are not feeling well
- Get the flu vaccine
- Wash your hands when entering and leaving – sanitizers are available throughout the building

Reception will be monitoring visitors as they enter the building and you will be asked if you have had the flu shot. If not, you will be required to wear a mask. Unfortunately, any visitor found in violation of this Policy may be denied access to our facility.

We hope you all have a joyous holiday season and keep healthy!

*Naomi Ohlsson, Director of Care*